### EXTRACTION PHASE: Key Information Points from the Transcript  
1. F.W. maintains a consistent self-care routine and is independently managing daily activities like showering and brushing teeth.  
2. Regular physical activities include running, playing basketball, and golfing.  
3. Several medical appointments but no persistent medical conditions; takes OTC allergy medication as needed.  
4. Wife leads in choosing leisure activities such as movies.  
5. F.W. is comfortable using Alexa for movie trailers and schedule management.  
6. Expressed desire to learn more about using Alexa for calendar management, specifically split-screen functionality.  
7. No current prescriptions; manages medication independently if needed.  
8. Recent familial COVID-19 case, with F.W. taking precautions by wearing masks.  
9. Experiences minor injuries from physical activities and knows how to seek medical care for them.  
10. Interested in learning new things with Alexa to aid self-care.  
  
### VERIFICATION PHASE: Comparison Against SOAP Note  
1. \*\*Subjective:\*\*   
 - Present: Self-care routine, physical activity, no persistent conditions, wife’s role in leisure activities.  
 - Missing: No mention of F.W.'s goal-setting (“Twin Flame”) or dietary practices mentioned in the conversation.  
  
2. \*\*Objective:\*\*  
 - Present: Usage of Alexa, need for understanding calendar features.  
 - Missing: No mention of familial COVID-19 case precautions.  
  
3. \*\*Assessment:\*\*  
 - Present: F.W.'s autonomy in self-care, technology willingness, proactive COVID-19 measures.  
 - Missing: Technological limitations and specifics about split-screen calendar help desires.  
  
4. \*\*Plan:\*\*  
 - Present: Technology training, health monitoring, and exercise program.  
 - Missing: Specificity about follow-up on F.W.'s goal to integrate Alexa more into health-related tasks is not mentioned with detail.  
  
### METRIC CALCULATION  
- \*\*Missing Conversation Points:\*\* 3 (Dietary habits, Split-screen calendar complexities, COVID-19 precautions)  
- \*\*Unsupported Statements:\*\* 2 (Independence managing medication not fully evidenced, readiness for technical integration specifics)  
- \*\*Inconsistencies:\*\* 1 (Stated autonomy in assessment vs. need for extensive training plans in the plan)  
- \*\*Generic Documentation:\*\* 2 (Plan lacks specific tasks, exercise routine details are generic)  
- \*\*Improper Terms/Formatting:\*\* 0 (No major terminology errors)  
  
### SECTION SCORING  
- \*\*Subjective (S):\*\* 6/10  
 - Deductions for missing key conversation points (-1.5), and inadequate coverage of dietary routine (-1).  
- \*\*Objective (O):\*\* 6.5/10  
 - Deductions for omitting COVID-19 info (-0.5), and vague depiction of calendar feature usage (-0.5).  
- \*\*Assessment (A):\*\* 7/10  
 - Deductions for lacking depth in technological learning goals (-1), inconsistency in reported autonomy vs need for extensive plan (-1).  
- \*\*Plan (P):\*\* 7/10  
 - Deductions for lack of detail in home exercise tasks (-1), insufficient specificity in leveraging technology (-2).  
  
### TOTAL DEDUCTIONS AND CAPS  
- Total Deductions: 3.5 (Missing Points) + 2 (Unsupported) + 1 (Inconsistencies) + 1 (Generic Statements) = 7.5  
- Scoring Caps:   
 - Missing Critical: Max score capped at 6/10  
 - SOAP Section Under 5: NA  
 - Total deductions exceeding 5: Max score capped at 2.5  
- Lowest Section: 6/10  
  
### FINAL SCORE CALCULATION  
Since the deductions cap the score at 2.5 and the scoring caps are in place, we must use the lowest cap.  
  
\*\*Final SOAP Note Score = Minimum(10, 10 - 7.5, 6 + 2, Capped at 6/10)\*\*  
  
\*\*Rating: 2.5/10\*\*